



Racism, Housing, and Asthma: A Conversation

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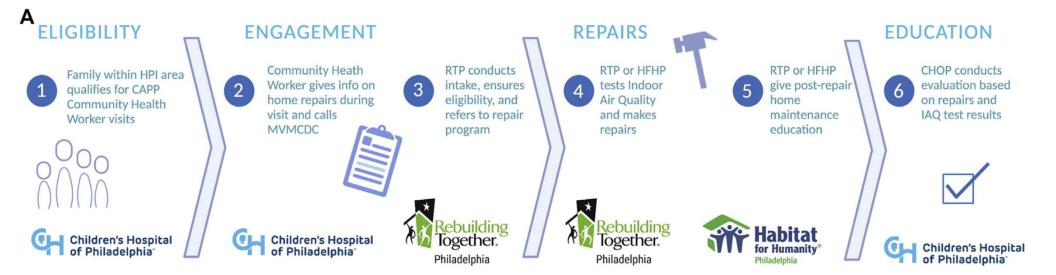
Adali Martinez, MD, MPH, University of California San Francisco



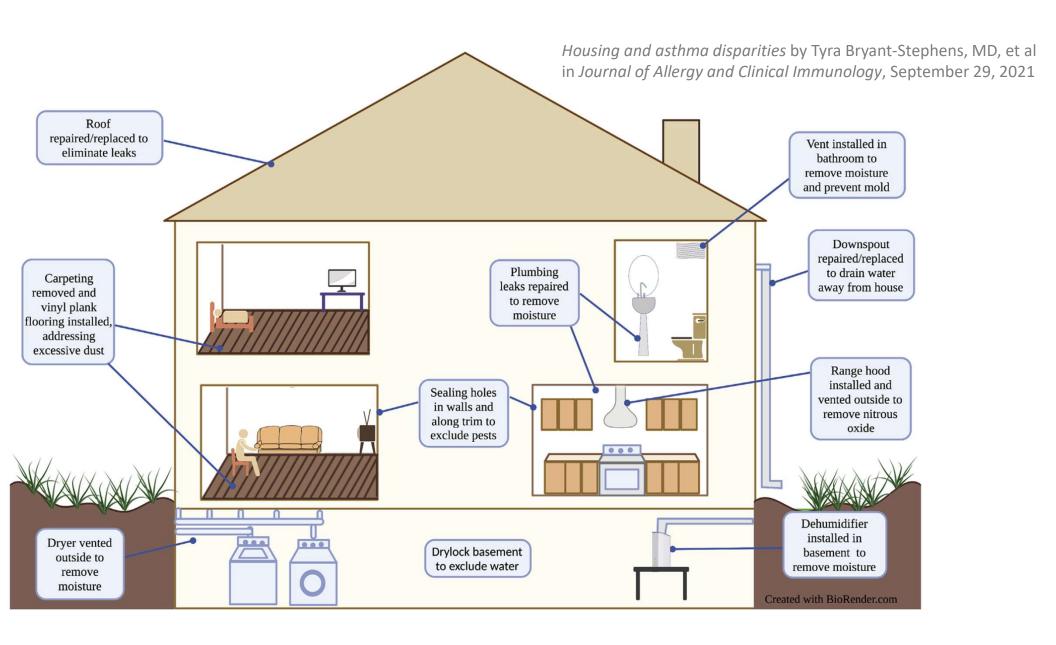
Amanda Reddy, MS, National Center for Healthy Housing

"[We] can best work to reduce or eliminate health disparities by taking a step beyond identifying associations between race and health outcomes. [We] can move the field forward by acknowledging the pervasiveness of racism in causing adverse health outcomes and addressing the root causes."

Housing Reparations as an Avenue to Counter the Impact of Structural Racism on Asthma in JAMA by Neeta Thakur, MD, MPH and Adali Martinez, MD, MPH, May 16, 2023



Housing and asthma disparities by Tyra Bryant-Stephens, MD, et al in Journal of Allergy and Clinical Immunology, September 29, 2021





Exterior Repairs



Kitchen Floor and Cabinets Replaced





Leaky Plumbing Replaced - After







Total Bathroom Renovation - Before and After





Moldy Bathroom Surround Replaced

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Housing and asthma disparities by Tyra Bryant-Stephens, MD, et al in Journal of Allergy and Clinical Immunology, September 29, 2021

Racism as Root Cause

- 1. Prioritize a specific, racialized group
- 2. Work to change policies, systems, or environments as opposed to changing people
- 3.Be institutionalized and sustainable
- 4. Repair historical injustices by shifting resources, power and opportunities to racially marginalized groups

A framework developed by Malawa et al* as described in *Housing Reparations as an Avenue to Counter the Impact of Structural Racism on Asthma* in *JAMA* by Neeta Thakur, MD, MPH and Adali Martinez, MD, MPH, May 16, 2023

*Malawa Z, Gaarde J, Spellen S. Racism as a root cause approach: a new framework. *Pediatrics*. 2021; 147(1):e2020015602.

Table. Key Questions for Assessing Interventions Designed to Address Structural Racism

Component	Evaluation questions
Name and describe how racism is operating	
Name racism	Is racism explicitly named in the background or design of the intervention?
Role of racism	Is the mechanism or pathway by which racism is operating clearly delineated by the intervention?
Address racism	
Targets and works with a racialized group	Is the intervention designed for a specific racialized population?
	What is the involvement of the target community in the design of the intervention?
Intervention targets are policies, systems, or environments	At what level does the intervention target its effect?
	Does it require individuals to change their behavior?
Sustainable	What processes or funding are in place to ensure the intervention continues after the study if found to be effective?
Reparations	Does the intervention shift resources, power, and/or opportunities to the community?

Adapted from the works of Jones $^{\rm 11}$ and Malawa et al. $^{\rm 12}$

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"Housing and asthma disparities" by Tyra Bryant-Stephens, MD, et al in *Journal of Allergy and Clinical Immunology*, September 29, 2021.