



## Home Environment Assessment Tool for Hoarding (HEATH)

Date: \_\_\_\_\_

Client: \_\_\_\_\_

Assessor: \_\_\_\_\_

**Assessment Instructions:** Use this tool to assess the home for risky conditions related to hoarding. The HEATH will guide you to assess the level of risk in five categories.

Follow these three steps:

**1. Visually assess items on the checklist.**

- Check the “**ok**” box if the item does *not* present risk related to hoarding, including if the item is not relevant (e.g., no stairs or interior hallways in the home).
- Check the “**☒**” box if there is *any* risk related to hoarding. Make a comment about the risks you observe in the Areas of Concern space.
- Use the “**Other**” line within each category to add inspection items that are unique to a specific home or to your professional training.
- If you cannot see some areas for any reason, including due to conditions in the home, then do not check any box. Make note of this in the **Areas of Concern**.
- Talk to the resident to get more information if needed.

**2. Make ratings for each category.**

Based on your training and experience, rate the *overall* seriousness of the risks you observed in each category. Using the rating scale below, circle the number that reflects your overall rating of risk in the category.

**0 = low or no risk: meets common minimum standards for environmental health and safety**

**1 = moderate risk: health or safety concerns that are important to address**

**2 = high risk: urgent health or safety concerns**

**X = not enough information to make an overall rating of this category**

**Assessment Tips:**

- Context matters. The details of the situation in the home (e.g., building type, whether there are vulnerable occupants, how the home is used) may increase or lower risk compared to the same conditions in a different home.
- A category may be high risk even if only one item is marked “**☒**” if it represents an *urgent* health or safety concern. On the other hand, a category may be only moderate risk even if it has multiple items checked as “**☒**” if the areas of concern are not *urgent* health or safety concerns.
- Use “**Not assessed**” if you did not observe enough items to make a judgment about degree of risk in that category. In some cases, you may rate a category as high risk even if you were able to observe only one item.

**3. After completing the overall ratings for each category, write these ratings in the summary table below.**

Sum the ratings from the five risk categories to calculate the total score.

### Scoring Summary

Category	Rating
Safe Pathways	
Fire Safety	
Structural Integrity	
Health and Wellness	
Sanitation	
<b>TOTAL</b>	

Safe Pathways		Areas of Concern			
ok	🚫				
Exterior doors accessible (can open at least 90°)					
Windows in sleeping room(s) clear for emergency exit					
Emergency responders can enter (with equipment)					
Main paths through daily living space clear for safe passage					
Hallways clear for safe passage and emergency exit					
Stacks or piles lower than 4-feet (120 cm)					
Stairs clear for safe passage and emergency exit					
Other:					
Rate Safe Pathways:		0 Low risk	1 Moderate risk	2 High risk	X Not assessed
Fire Safety		Areas of Concern			
ok	🚫				
Stove/oven has 1-foot (30 cm) clearance from combustibles					
Furnace/hot water tank has 3-feet (1 m) clearance					
Space heater has 3-feet (1 m) clearance					
Fireplace has 3.9-feet (1.2 m) clearance					
Radiators have 1-foot (30 cm) clearance from combustibles					
Smoke alarms work and entire ceiling has 3-feet (1 m) clearance					
Carbon monoxide (CO) alarms work					
Sprinkler heads have 1.5-feet (45 cm) clearance					
Electrical cords are intact (e.g., no exposed wires)					
No electrical problems (e.g., overloaded circuit)					
No extension cords coiled or under combustibles (e.g., clothing)					
No hazardous materials (e.g., fireworks) stored in the home					
No open flame (e.g., kerosene lantern) used as a heat source					
Other:					
Rate Fire Safety:		0 Low risk	1 Moderate risk	2 High risk	X Not assessed
Structural Integrity		Areas of Concern			
ok	🚫				
Floor boards, stairs, porch are stable					
No visible signs of water leaks					
No obvious leak in the roof					
Other:					
Rate Structural Integrity:		0 Low risk	1 Moderate risk	2 High risk	X Not assessed
Health and Wellness (circle each item of concern on a line)		Areas of Concern			
ok	🚫				
In-home health care or support services can be provided					
Electricity, heating, and hot water are usable					
Toilet, bathtub/shower, sinks are usable					
Refrigerator/freezer is usable					
Medical equipment/medication is accessible					
Other:					
Rate Health and Wellness:		0 Low risk	1 Moderate risk	2 High risk	X Not assessed
Sanitation (circle each item of concern on a line)		Areas of Concern			
ok	🚫				
No spoiled or rotting food					
No contaminated items (e.g., used toilet paper/tampons)					
No detectable urine or feces					
No insect or rodent infestation					
No widespread mold, mildew, or chronic dampness					
Other:					
Rate Sanitation:		0 Low risk	1 Moderate risk	2 High risk	X Not assessed